



Lectio Divina Worksheet | Phroneo Bible Meditation

Date

LECTIO

Write the verse.

MEDITATIO

What struck you in this passage? How does it apply to you? How do you feel? What is God asking of you?

ORATIO

Write a prayer, flowing from your reading and meditation.

CONTEMPLATIO

Rest a while in God's presence.

INCARNATIO

How do you respond to this passage? What have you learnt? What can you put into practice?