|  |  |
| --- | --- |
|  A logo of a book and a cross  AI-generated content may be incorrect. | **Lectio Divina Worksheet | Phroneo Bible Meditation** |
| *Date* |  |
|  |  |
| **Lectio** | Write the verse. |
|  |  |
| **Meditatio** | What struck you in this passage? How does it apply to you? How do you feel? What is God asking of you? |
|  |  |
| **Oratio** | Write a prayer, flowing from your reading and meditation. |
|  |  |
| **Contemplatio** | Rest a while in God’s presence. |
|  |  |
| **Incarnatio** | How do you respond to this passage? What have you learnt? What can you put into practice? |

© 2025 Rob Pomeroy | [biblemeditation.org/worksheets](https://biblemeditation.org/worksheets) | Reproduction permitted for personal, non-commercial use.